Instruction manual K-Active® Recovery Boots 3.0

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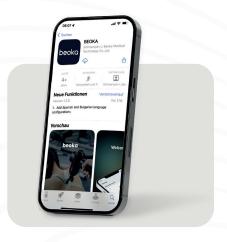
Leg length: 81-88 cm

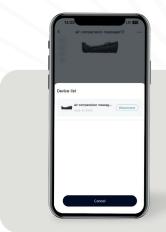
Max. thigh circumference: 60cm





Instruction Recovery Boots 3.0







Step 1

Download the **Beoka app** and install it on your smartphone or tablet. Then make sure that the batteries are fully charged.

Step 2

Now open the app and select the recovery boots (Air Comperssion Massager ACM-A1). Activate the **Bluetooth function** on your device.

Step 3

Follow the instructions in the app to connect the leg sections to the app.





Step 5

Start the treatment by clicking on the corresponding button (slider) in the app.



Step 6

Monitor the progress of the treatment with the app and end the process if necessary using the **one-button pressure** release valve on the side of the control unit. After the preset duration has elapsed, the compression massage stops on its own.

Step 4

Then select the desired massage mode. Adjust settings such as intensity and duration as required. Choose between 20, 30, 45 and 60 minutes.